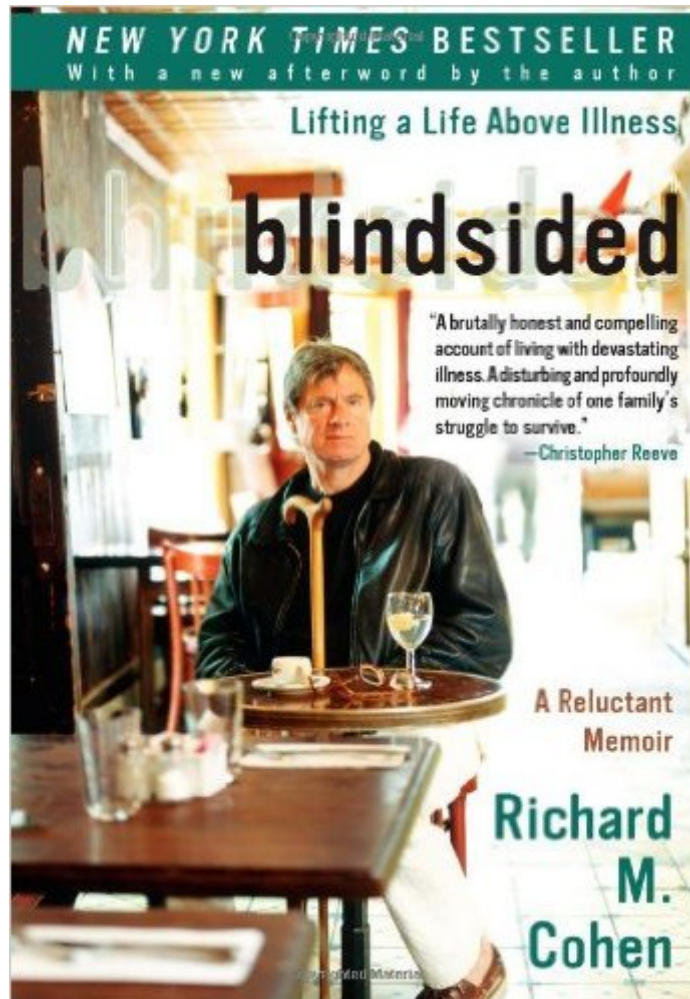


The book was found

# Blindsided: Lifting A Life Above Illness: A Reluctant Memoir



## Synopsis

Richard Cohen, a veteran writer, producer and distinguished journalist, has lived with multiple sclerosis for over 25 years. Recently diagnosed again with colon cancer, Cohen describes his lifelong struggle with multiple sclerosis, his first bout with colon cancer, a loving marriage to Meredith Viera, the effect of illness on raising children, and the nature of denial and resilience, all told with grace, humour, and lyrical prose. Cohen chronicles and celebrates a life brimming over with accomplishment, adversity and personal endeavour and his story has struck a chord with readers nationwide. He has been interviewed by Barbara Walters for a nearly hour-long segment that ran on 20/20, he also appeared on wife Viera's program, *The View* and is scheduled for Charlie Rose, *Larry King Live*, *Good Morning America*, and the *Paula Zahn Show*, among others. *Blindsided* also received outstanding print attention and *People* magazine has run a first serial piece. Autobiographical at its roots, reportorial and expansive, *Blindsided* builds on Cohen's story as a task aimed at emotional well-being, if not survival, pursued in sober tones that explore coping to its most redemptive and complex levels. Despite his extreme circumstances, Cohen's is a common struggle, recognisable as an integral part of humanity, and one which he explores with varying amounts of diligence, respect, personal revelation and humour.

## Book Information

Paperback: 242 pages

Publisher: Harper Perennial; Reprint edition (February 1, 2005)

Language: English

ISBN-10: 0060014105

ISBN-13: 978-0060014100

Product Dimensions: 5.3 x 0.6 x 8 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars See all reviews (90 customer reviews)

Best Sellers Rank: #358,285 in Books (See Top 100 in Books) #6 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Colorectal #51 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #289 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System

## Customer Reviews

Review based on hardcover 9/2003... Reviewer's comment: 'Until you walk in my shoes...' I offer that reminder to those reviewers and readers who may pass judgment on a writer, who openly

shares his life of trials and tribulations, of what he does or does not say... how he does or does not react to his chronic illness. Here is a man who opens himself to public scrutiny of emotions from the heart -- that alone is a over-the-top fete to accomplish, in this reviewer's eye. Shalom, Mr. Cohen, thank you. BLINDSIDED is a book sized small in width and length, but powerfully-packed in content with exceptional use of words, phrases and sharing of personal privacy. Richard M. Cohen tells of his life, his family, his chronic illness with candor, wit, anger and courage. Cohen reveals heartache, emotional, physical and mental trials, with introspection of his actions and effect upon his family and self well-being. There are moments when Cohen sometimes goes within himself, leaving the reader, but faithfully he returns. At age 25, Cohen was diagnosed with beginning stages of Multiple Sclerosis (MS) - a progressive disease. In later years, he battles recurring colon cancer with accompanying side effects, and deals with blindness attributed to side effects of MS. With honesty, the author vents the struggles of physical and mental pain. The fact that the medical profession was only mildly supportive in caring... unconcerned with applying the holistic approach, and the ramifications suffered by Mr. Cohen is appalling, a blemish on the medical profession -- albeit not a new occurrence. At the beginning there are natural denials ...

[Download to continue reading...](#)

Blindsided: Lifting a Life Above Illness: A Reluctant Memoir Tough Guys and Drama Queens: How Not to Get Blindsided by Your Child's Teen Years Be Your Own House Contractor: Save 25% without Lifting a Hammer The New Rules of Lifting for Women: Lift Like a Man, Look Like a Goddess PASSIVE INCOME : FBA (Book #4): Use s' FBA program to realize your potential to make money without lifting a finger ( fba decoded,mastery, ... fba tools,complete guide) (MONEY IS POWER) The Real Estate Rehab Investing Bible: A Proven-Profit System for Finding, Funding, Fixing, and Flipping Houses...Without Lifting a Paintbrush Lifting The Gnostic Veil C. S. Lewis - A Life: Eccentric Genius, Reluctant Prophet The Reluctant Dragon: An Entertainment Blood, Bones & Butter: The Inadvertent Education of a Reluctant Chef Let My People Go Surfing: The Education of a Reluctant Businessman - Including 10 More Years of Business Unusual A Guide to Juicing, Raw Foods & Superfoods: Eat a Healthy Diet & Lose Weight (Reluctant Vegetarians) What the Dog Did: Tales from a Formerly Reluctant Dog Owner The Reluctant Fundamentalist Yellow Roses: Serena's Strength/A Woman's Place/The Reluctant Fugitive/Saving Grace (Inspirational Romance Collection) The Reluctant Empath Against Football: One Fan's Reluctant Manifesto The Reluctant Father Blackmailed into Double Penetration: A Reluctant First Anal Sex Erotica Story, Double Trouble, Book 5 Reluctant Hero: A 9/11 Survivor Speaks Out About That Unthinkable Day, What He's Learned, How He's Struggled, and What No One Should Ever Forget

